



# HOW TO USE

## *Freshee Parchment Paper*

Put a sheet of Freshee Parchment Paper as a pan-liner before baking/cooking food.

### MICROWAVE / CONVENTIONAL OVEN

Use to line cookie trays, cake tins, baking pans, lasagna dish, dhokla or idli pan etc. Freshee Parchment Paper can also be used to cook en papillote.

### GAS STOVE

Line any mold, tin or vessel to cook a vast variety of dishes including Indian meals with less oil - on your convection gas stove.

### ELECTRIC GRILLER

Use paper to cover your sandwich, bread, paneer, etc. before placing in griller.



[www.freshee.in](http://www.freshee.in)

**Freshee**<sup>TM</sup>  
*Parchment Paper*

OIL FREE GOODNESS

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**Designed and Marketed by:** Rockdude Impex Pvt Ltd.  
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Freshee is committed to keeping "INDIA LITTER FREE"



COOKING IS A BLEND OF  
HEALTH, TASTE & PRESENTATION WITH



*Freshee Parchment Paper*

# ...AND THAT IS WHY WE COOK WITH FRESHEE PARCHMENT PAPER.



## HEALTHY

- Fry without using excessive oil.
- Boil without draining out essential nutrients.
- Steam without losing heat-sensitive vitamins and minerals.
- Bake without losing excessive moisture.

## DELICIOUS

- Preserve vital flavours while boiling/steaming.
- Boil/steam multiple items together without mixing their flavours.
- Reliably bake at higher temperatures without losing excessive moisture.

## PRESENTABLE

- The non-stick coating ensures steady frying.
- Conveniently define portion sizes before steaming. The food's volume stays intact after it.



Freshee Parchment Paper is an expert add-on to your standard kitchen. It helps you enhance cooking with ease.

The non-stick fibre of the heat resistant and greaseproof surface makes baking an absolute bliss.

It is suitable for advanced bakery requirements such as; cake decoration, piping and filling.

The pure biodegradable nature of it exceeds the consistency in quality from your kitchen to the environment.

### KEY FEATURES:

- FOOD GRADE
- FCS CERTIFIED UNBLEACHED GREASEPROOF PAPER
- NON TOXIC GLUES
- OVEN SAFE UPTO 428 F/220 C
- ALLERGEN FREE
- GLUTEN FREE
- SILICON COATED

## VARIOUS USES

LINING GN FORMS	GRATINATING	GRATING
INTERLEAVING	WRAPPING	SERVING
ROLLING OUT	DECORATING	BAKING SWEET

## ADVANTAGES

- EASY & FAST :** No need to grease the pans before baking/cooking
- HEALTHY :** Minimum to zero oil/butter/ghee required for baking/cooking
- CONVENIENT :** No need to wash utensils after baking/cooking
- ADDS VALUE :** Baked product comes out easily & does not stick to the pan
- NO WORRIES :** Doesn't affect the taste of food

